

Professional Disclosure Statement

Stacey Watkins-Griffith, DMin
NC Fee-Based Practicing Pastoral Counselor

Sanctuary Counseling Group
Office: (704) 375-5354, Ext. 409
Fax: (704) 375-3069
www.sanctuarycounselinggroup.org

Qualifications

I received my Doctor of Ministry in Pastoral Counseling and Psychotherapy in 2004 from Garrett Evangelical Theological Seminary. I am also a graduate of the Carolina Institute for Clinical Pastoral Training (2000). I am a North Carolina Fee-Based Practicing Pastoral Counselor, Certificate #81. I have been a Staff Therapist with Sanctuary Counseling Group (formerly Methodist Counseling and Consultation Services) since 2011. Previously, I was a Staff Therapist with Presbyterian Samaritan Counseling Center.

Education

University of Florida
B.A. in English, 1991
Duke Divinity School
Master of Divinity, 1994
Garrett Evangelical Theological Seminary
Doctor of Ministry in Pastoral Counseling and Psychotherapy, 2004

Certifications

Ordained Elder, Western NC Conference United Methodist Church
Fellow, American Association of Pastoral Counselors
Endorsed Pastoral Counselor, United Methodist Endorsing Agency
Board Certified Professional Counselor, American Psychotherapy Association
Professional Member, American Counseling Association

Counseling Practice

I work with individuals (adolescents and adults) and couples on a variety of issues including grief and loss, depression, anxiety, stress management, marital issues, infertility, self-esteem, navigating life transitions and spiritual growth. I have a particular interest in issues related to women's psycho-social development and spiritual growth. My primary theoretical orientation is Object Relations although I incorporate mindfulness practices and DBT skills. In the counseling process, clients can be helped to understand themselves better, set personal goals, and be supported in the process of working toward those goals. Homework exercises may be given to facilitate the therapeutic process. If the client and/or counselor decide this counseling practice is not appropriate for the client's needs, the client will receive assistance in contacting an appropriate referral source.

Therapy can be a challenging process as clients work to heal from painful past experiences, to grow emotionally and spiritually, and to explore areas of difficulty in their lives. Even the most successful counseling and therapy may be at times painful or distressing, as the client moves toward healing and wholeness.

Session Fees and Length of Service

Counseling sessions are between 50 and 60 minutes. The fee is \$125.00 per session (the initial intake session is \$150.00), and is payable at the time of service either by cash, check (payable to Sanctuary Counseling Group), or debit/credit cards (Mastercard or Visa). We accept some insurance plans. An adjusted fee scale is available for those persons without insurance benefits who are unable to pay the full fee. The adjusted fee is \$75.00 per session (the initial intake session is \$100.00). Cancellations must be made more than twenty-four hours in advance of the scheduled appointment or you will be responsible for the full fee of \$125.00.

Agreed upon fee: \$ _____

Use of Diagnosis

Insurance Coverage is handled on a case by case basis. At present, Sanctuary Counseling Group is in network with Blue Cross Blue Shield, Medcost, and Healthgram. It is encouraged that you be familiar with your plan coverage and mental health benefits. Payment is not determined until after a claim is filed and payment may not be rendered. In the event of this occurrence, you are responsible for payment. Please note that insurance companies require a DSM-V diagnosis that becomes a part of your permanent health insurance records.

Confidentiality

I will protect the confidentiality of information shared in our counseling relationship as specified by federal and state laws, written policies and ethical standards, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information. In order to provide the highest level of care, Sanctuary Counseling Group clinicians consult as a staff while maintaining confidentiality laws and ethical standards. Information shared in a consulting relationship is discussed for professional purposes only.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (www.counseling.org) and the AAPC Code of Ethics (www.ncpastoralcounseling.org).

North Carolina Board of Fee-Based Practicing Pastoral Counselors
P.O. Box 447
Kernersville, NC 27285
Phone: 336-794-3470
www.ncpastoralcounseling.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____